



DAY ONE Tuesday, November 9, 2021

9:00 AM – 10:00 AM Keynote General Session 1 Hour
Critical Race Theory and Social Work: Engaging and Addressing Vulnerable Populations
Presenter: Dr. Nathaniel L. Currie, DSW, MSW, LCSW

Keynote Objectives:

At the conclusion of this keynote session attendees will be able to:

1. Explain the CRT tenets and core concepts.
2. Describe the need for CRT.
3. Explain how CRT applies to care systems.

10:30 am – 12:00 Noon Workshop Sessions 90 minutes
Session 1: Critical Race Theory and the Care Practitioner
Presenter: Dr. Nathaniel L. Currie, DSW, MSW, LCSW

Workshop Objectives:

At the conclusion of this workshop attendees will be able to:

1. Explain how CRT fits into clinical/care practice.
2. Acquire skills that are applicable to their respective practice settings.

Session 2: Removing the “other”. Uncovering Connection with LGBTQ Consumers
Presenters: David Schoelen, LCSW Dylan Colt

Workshop Objectives:

At the conclusion of this workshop attendees will be able to:

1. Explain the Meyer’s Theory of Minority Stress and how it affects LGBTQ people.
2. Apply an understanding of LGBTQ experience from an LGBTQ point of view to their work with LGBTQ consumers.
3. Demonstrate an increased awareness of one’s personal reaction to LGBTQ people and how it informs engagement.

Session 3: Trauma-Informed Services for Perinatal Substance Abuse Treatment: From Research to Clinical Practice

Presenter: Linda Gertson, Ph.D.

Workshop Objectives:

At the conclusion of this workshop attendees will be able to:

1. Discuss the correlation between childhood abuse and adult abuse within the same individual and the importance of including trauma awareness in a perinatal treatment program.
2. Explain the relationship between adverse experiences, interpersonal conflict, emotion dysregulation, addiction and relapse.
3. Describe the challenges and benefits of conducting clinical research within a treatment setting.
4. Explain why interventions focusing on mindfulness and reflective functioning are recommended for a perinatal substance abuse treatment program.



DAY ONE Tuesday, November 9, 2021

1:00 PM – 2:00 PM Keynote General Session: 1 hour

Healing the Healers: Tools for Self-Care

Presenter: Michelle Dowd

Keynote Objectives:

At the conclusion of this keynote session attendees will be able to:

1. Define components of self-care.
2. Acquire knowledge about the importance of implementing self-care tools throughout the day.
3. Demonstrate w-breathing techniques that can effectively control and calm a stress response.

2:30 PM – 3:30 PM Keynote General Session: 1 hour

Involving Families in the Treatment of Serious Mental Disorders

Presenter: Alejandro Kopelowicz, M.D.

Keynote Objectives:

At the conclusion of this keynote session attendees will be able to:

1. Identify the barriers to involving families in the treatment of serious mental disorders
2. Recognize the evidence-based practices designed to facilitate the participation of families in the treatment of serious mental disorders.
3. List the components of McFarlane's multifamily group (MFG) intervention.
4. Describe the documented benefits of MFG for patients with serious mental disorders.

3:45 PM – 5:15 PM Workshop Sessions 90 minutes

Session 4: Improving Access to Mental Health Services among Hispanics with Psychosis -

Presenter: Alex Kopelowicz, M.D.

Workshop Objectives:

At the conclusion of this workshop attendees will be able to:

1. List the evidence-based treatments that have been effective for Latinx patients with psychosis.
2. Identify ways that cultural factors can facilitate the engagement of families in mental health treatment.
3. Describe the barriers to accessing mental health services for individuals in their first psychotic episode.

Session 5: Mindful Parenting: A Reflective Approach to Working with At-Risk Dyads –

Introduction by: Linda Gertson, Ph.D., Presenter: Diane Reynolds, MFT, IFECMHS

Workshop Objectives:

At the conclusion of this workshop attendees will be able to:

1. Describe the concept of parental Reflective Functioning (RF), and its relationship to enhancing secure attachment and preventing negative caregiving behaviors.
2. Distinguish high, medium, and low Reflective Functioning in parent communications.
3. Identify the three pillars of a mindful and reflective approach to strengthening parent-infant relational security.



DAY ONE Tuesday, November 9, 2021

Session 6: Peer Workforce Integration: Embracing Roles & Responsibilities

Presenter: Shannon McCleerey-Hooper, B.A., CPS, ITE

Workshop Objectives:

At the conclusion of this workshop attendees will be able to:

1. Describe the peer support practice.
2. Define the role of the Peer Support Specialist.
3. Address workplace stigma.
4. Provide effective supervision strategies for the peer workforce.

Session 7: Working with Deaf or Hard of Hearing Populations

Presenter: Amy Kay, LMFT

Workshop Objectives:

At the conclusion of this workshop attendees will be able to:

1. Identify 3 culturally competent ways to address a deaf individual.
2. Describe the impact of language dysfluency on the therapeutic process.
3. Explain how to work with an interpreter in order to diagnose and provide appropriate treatment.

DAY TWO Wednesday, November 10, 2021

9:00 AM – 10:00 AM Keynote General Session 1 Hour

Safety: The Key to Person-Centered Engagement

Presenter: Gabriella Grant, MA

Keynote Objectives:

At the conclusion of this keynote session attendees will be able to:

1. Define trauma and trauma informed standards from the SAMHSA TIP 57.
2. Define safety as primary task for government intervention in people's lives.
3. Build skills related to identifying, building and measuring safety.

10:00 AM - 10:30 AM

Keynote General Session 30 minutes

Basic Yoga and Clinical Applications

Presenter: Michelle Dowd

Keynote Objectives

At the conclusion of this workshop attendees will be able to:

1. Identify three benefits of yoga for their clients' mental health.
2. Model practices to help reduce anxiety.
3. Develop skills for simple yoga poses that promote concentrated attention, suspension of judgement and being in the moment to teach to their clients.



DAY TWO Wednesday, November 10, 2021

10:45 AM – 12:15 PM Workshop Sessions 90 Minutes

Session 8: Getting Practical! Real Life Examples and Activities for Trauma Informed Transformation

Presenter: Gabriella Grant, MA

Workshop Objectives

At the conclusion of this workshop attendees will be able to:

1. Demonstrate skills related to identifying, building, and measuring safety.
2. Distinguish between physical and emotional safety issues.
3. Improve service delivery to populations that continue to struggle with safety.

Session 9: Engaging LatinX LGBTQIA+ Populations and Spirituality

Presenter: Richard Zaldivar

Workshop Objectives:

At the conclusion of this workshop attendees will be able to:

1. Describe the impact that spirituality, religion, and faith have in the Latinx and LGBTQIA+ communities and their mental health.
2. List examples of effective community engagement initiatives that target the faith-based community and have successfully supported dialogue within the Latinx LGBTQIA+ communities.
3. Identify faith-based community resources that further promote mental health support for LGBTQIA+ community members.

Session 10: Human Trafficking in the Inland Empire: “Did you think I chose this life?”

Presenter: Carolyn Williams, LCSW

Workshop Objectives:

At the conclusion of this workshop attendees will be able to:

1. Describe the impact of trauma in human trafficking victims and survivors.
2. Explain the stigma and stereotypes of CSEC victims.
3. List the barriers and challenges to working with CSEC victims and survivors.

1:00 PM – 2:00 PM Closing General Session 1 Hour

State Peer Certification Bill Update

Presenter: Shannon McCleerey-Hooper

Closing Session Objectives

At the conclusion of this general session attendees will be able to:

1. Explain the requirements of SB803 that was signed into law in September 2020.
2. Define working training guidelines, as drafted by DHCS.
3. Outline grandparenting guidelines for Peer Support Specialists currently working in systems.